

- 2023 -  
**JUNE**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**LUNCH**  
**USD#345 Seaman**  
**Summer Food**  
**Service Program**

Logan Elementary  
June 5-July 27, 2023

Monday – Thursday  
11:00 AM – 12:00 PM

- Kids age 1-18 eat free!
- No registration needed
- Meals must be eaten on site
- No adult meals available

Summer Lunch Meal Pattern:

5 food items will be offered from these components:

- Milk
- Fruit (F)
- Vegetable (V)
- Grains/Breads (G/B)
- Meat/Meat Alternate (M/MA)

A child must take at least 3 different food components out of the 5 food items offered. A child is encouraged to select all 5 items

This institution is an equal opportunity provider.

**5** M/MA: **Pizza**  
F: Chilled Peaches  
V: Seasoned Green Beans  
G/B: Whole Grain Snack  
Milk

**12** M/MA & G/B:  
**Corn Dog**  
G/B: Chips  
V: Seasoned Green Beans  
F: Chilled Peas  
Milk  
Ketchup & Mustard

**19** M/MA & G/B:  
**Chicken Tenders**  
Seasoned Corn  
F: Applesauce  
& Juice Cup  
Milk  
Honey Mustard Dip

**26** M/MA: **Pizza**  
F: Chilled Peas  
& Juice Cup  
V: Seasoned Green  
Beans  
G/B: Whole Grain Snack  
Milk

**6** M/MA & G/B:  
**Grilled Chicken**  
**On Bun**  
V: Potato Batter Bites  
& Seasoned Corn  
F: Frozen Fruit Cup &  
Juice Cup  
Milk Ketchup & Salad Dressing

**13** M/MA & G/B:  
**Breaded Pork**  
V: Mashed Potatoes  
& Gravy  
Steamed Corn  
F: Frozen Fruit Cup  
Milk

**20** M/MA & G/B:  
**Pulled Pork**  
V: Baked Beans  
& Steamed Carrots  
F: Chilled Peas  
Milk  
BBQ Sauce

**27** M/MA & G/B:  
**Grilled Chicken**  
**On Bun**  
V: Potato Batter Bites  
& Seasoned Corn  
F: Frozen Fruit Cup  
Milk Ketchup & Salad Dressing

**7** M/MA & G/B:  
**Hot Dog on Bun**  
V: Baked Beans  
& Steamed Carrots  
F: Orange Wedges  
Milk  
Ketchup & Mustard

**14** M/MA & G/B:  
**Hamburger on Bun**  
V: Baked Beans  
& Seasoned Carrots  
F: Applesauce  
Milk  
Ketchup & Mustard

**21** M/MA & G/B:  
**Breaded Chicken**  
V: Mashed Potatoes &  
Gravy  
Steamed Peas  
F: Chilled Peaches  
Milk

**28** M/MA & G/B:  
**Hot Dog on Bun**  
V: Baked Beans  
& Steamed Carrots  
F: Applesauce  
Milk  
Ketchup & Mustard

**8** M/MA & G/B:  
**Chicken Nuggets**  
V: Steamed Peas  
F: Apple Smiles & Juice Cup  
G/B: Chips  
Milk  
Honey Mustard Dip

**15** M/MA & G/B:  
**Max Stix**  
V: Marinara Cup  
Seasoned Peas  
F: Chilled Fruit Cocktail  
G/B: Whole Grain Snack  
Milk

**22** M/MA & G/B:  
**Macaroni & Cheese**  
G/B: Cinnamon Roll  
V: Fresh Baby  
Carrots/Ranch  
F: Frozen Fruit Cup  
Milk

**29** M/MA & G/B:  
**Chicken Nuggets**  
V: Steamed Peas  
F: Chilled Peaches & Juice Cup  
G/B: Chips  
Milk  
Honey Mustard Dip

**1** Program starts  
Monday, June 5  
  
Logan Elementary  
1124 NW Lyman Rd  
Topeka, KS

**2** Menu Subject to  
Change

**9** Closed

**16** Closed

**23** Closed

**30** Closed